



Premium Self Raising Flour

The Well and Good self raising flour allows customers to bake like they would with traditional wheat based flours. Traditional recipes are easily adaptable into gluten free options.

+ Makes: choux pastry, French style crepes, scones, pancakes, savoury muffins, cakes and more

Item No: FS Self Raising | **Weight:** 15kg, 12.5kg, & 5kg bags



Premium Plain Flour

The Well and Good Plain Flour has become the benchmark in the foodservice industry. Excellent used for batters, biscuits, shortbread, sauces, soups and gravy.

+ Versatile and easy to use flour

Item No: FS15 Plain Flour 15kg | **Weight:** 15kg & 5kg bags



Industrial Plain Flour

A basic gluten free flour that is formulated as an affordable option for foodservice operators. This flour is made without modified starches or other functional ingredients.

+ Best for large scale bakers
+ Perfect for pastry making, muffins and cakes

Item No: FS Plain Flour 25kg | **Weight:** 25kg bags



Baker's Choice Flour

A low-cost gluten free flour that offers an excellent mix of value and performance.

+ Available in plain flour and self raising flour

Item No: FS Plain Flour | **Weight:** 12.5kg bags



Pasta Flour Mix

Well and Good GF Pasta Flour has strong firming and gelling capabilities, which works best for pies, pastry and pasta products.

+ Makes ravioli, gnocchi, pies and sausage rolls

Item No: FS10 Pasta Flour Mix | **Weight:** 10kg bag



Pie Pastry Flour Mix

Use this mix to make delicious, flaky pie pastry that is perfect for mouth-watering pies.

+ Makes puff pastry

+ Great for sausage rolls, pasties, strudel, apple pies, and burek

Item No: FS15 Pie Pastry Mix | **Weight:** 15kg bag



Steam Bun Mix

Make warm and fluffy steam buns that are free from gluten and other major allergens. Also known as Bao Buns, these are slightly sweet and delicious stuffed with your favourite fillings.

+ Versatile and easy to use

+ Closely mimics the original wheat version

Item No: FS10 Steam Bun Mix | **Weight:** 10kg bag



Dim Sim Mix

Make amazing Asian pastry pockets filled with your favourite meat and vegetable fillings. An excellent menu add-on for Asian restaurants and fish 'n chip shops.

+ Makes pastry similar to regular dim sim batter

Item No: FS Dim Sim | **Weight:** 10kg bag



Crusty Bread Mix

Gluten free bread that's simple to bake that offers a beautiful crusty outside and a soft inside. Its versatility allows you to create a wide range of bread, rolls, pizza dough, and scrolls.

+ Create a wide range of bread with one mix.

Item No: FS15 CR Premium | **Weight:** 15kg bag



Artisan Bread Mix

The Artisan Bread mix is versatile and accessible, producing high quality wheat free bread products including: rolls, baguettes, sliced bread, seeded loaves, boiled bagels, sweet bread, flat bread and more.

+ A more premium bread mix
+ Also makes pizza and pita bread

Item No: FS15 Artisan flour | **Weight:** 15kg bag



Pizza & Bruschetta Mix

Cafes, restaurants, and pizza shops can easily make gluten free pizzas and bruschetta with this no-fail mix.

+ Versatile and easy to use

Item No: FS15 pizza and bruschetta mix | **Weight:** 15kg bag



Tortilla Mix

Gluten-free tortillas that bend without breaking. Create a variety of unique flavours and sizes to suit your customer's requirements.

Item No: FS12.5 Tortilla | **Weight:** 12.5kg bag



High Tin Exotic Bread Mix

A light gluten free bread that makes delicious loaves, buns, and bruschetta. It is a specialty bread designed to work with either yeast, egg, or soya.

+ Delicious crust and high lift

Item No: FS15 HTBread | **Weight:** 15kg bag



High Tin Wholemeal Mix

A flavorsome wholemeal bread mix that makes delicious loaves, buns, and bruschetta. It is a specialty bread designed to work with either yeast, egg, or soya.

+ A higher-fibre option than Exotic Bread mix

Item No: FS15 WMBread | **Weight:** 15kg bag



Continental Dark Bread Mix

A delicious gluten-free alternative to rye bread.

+ FIA Award-winning bread mix

Item No: FS12.5 Continental Dark | **Weight:** 12.5kg bag



Classic Bread Mix

A versatile gluten free bread mix, designed to produce a variety of traditional bread products including sandwich loaves, dinner rolls, almond bread, fruit loaves, excellent gluten free doughnuts and a yeast free pizza base.

+ No corn or yeast added
+ Versatile bread mix

Item No: FS15 Classic | **Weight:** 15kg bag



Utility Cake Mix

An excellent base for carrot cake, banana cake, fruit cake, zucchini cake, and more. It is moist with a coarse crumb texture and has a distinct spice profile.

- + Lightly spiced flavour
- + Extremely versatile mix

Item No: FS15 Utility Cake Mix | **Weight:** 15kg & 5kg bags



Chocolate Mud Cake Mix Or White Mud Cake

A customer favourite and an Australian best seller, this mix is easy to use, freeze thaw stable and versatile. Well and Good Gluten Free Chocolate Mud cake is moist and dense in texture.

- + Also available: Devil's Food Cake Mix (lighter and higher rise).
- + Make mudcake and cupcakes.

Item No: FS15 Choc Mud | **Weight:** 15kg & 5kg bags



Biscuit Flour

Biscuit flour is an economical ingredient that's a less sweet option with fewer active ingredients than premium cookie mix. It is a "blank canvas" for bakers who prefer to create their own unique biscuit recipes.

- + A basic low-cost flour

Item No: FS15 Biscuit Flour | **Weight:** 15kg bag



Premium Biscuit Mix

Well and Good's Gluten Free Cookie mix is versatile and easy to use! Products suited to this mix are; Chocolate Chip Cookies, Jam Drops, Red Velvet Yoyo's, Passion fruit kisses, Ginger Bread Biscuits, short breads and much more.

- + A popular mix for making a big range of biscuits.

Item No: FS Premium Cookie Mix | **Weight:** 15kg & 5kg bags



Sponge Cake Mix

This mix gives rise to the perfect sponge cake; it is light and airy in texture, tall and moist with the delicate flavour of natural vanilla bean.

- + Light and airy
- + Also make lamingtons, Swiss roll, pound cake

Item No: FS15 Sponge | **Weight:** 15kg bag



Muffin Mix

This mix makes a deliciously moist muffin with a light crumb. The flavour profile is mildly sweet and subtle, allowing for additions of fresh fruits, berries, nuts or choc chips.

- + Versatile and easy to use
- + Also make waffles or orange poppy seed cake

Item No: FS15 Muffin Mix | **Weight:** 15kg & 5kg bags



Banana Bread Mix

Banana Bread is made with real organic banana flakes, formulated to produce a moist bread-like texture and excellent slice strength.

- + Excellent shelf life
- + Freeze thaw stable

Item No: FS15 Banana Bread | **Weight:** 15kg & 5kg bags